

Your Day Away Seminar Series

“The significant problems we face cannot be solved at the same level of thinking as when we created them.” – Albert Einstein

Registration

The Brain: Your Computer's User Manual

Data Processing

Belief

Motivation

Attitudes

Behavior

Filing System

Positive

Negative

Anchoring

Positive

Negative

Efficiency & Productivity

Counter Productive Skills – Maladaptive/Destructive

Productive Skills – Adaptive/Constructive

Trouble Shooting

Warning Signs

Getting Help When Things Go Wrong

Solving Common Problems

Plug and Play

Implementation

What Can I Do For Me?

What Can I Do For You?

Building Barriers to Success

Building Blocks to Success

Discussion

Questions & Answers