

Why would this be true? Quiet desperation? The answer may be in the mis-communication between each individual person and him/her self. There has been a great deal written about "self-talk" and, of course, it is valuable to guard what we say to ourselves. However, here I am referring to a different state. A "double-mindedness" that goes far beyond the concept of "good" and "evil". It exists in the realm of discontent based upon conflicting beliefs held by a person. These are often learned in early childhood and can be very difficult to overcome.

If conflicting beliefs do exist and keep a person in a kind of "limbo" of what to do in any given situation, then this could be described as desperation indeed! It has been said by many that life is 'what we experience while hoping for a very different existence'. Could it be that dissatisfaction/desperation in life is really nothing more than a complicated, conflicting belief system? I, for one, believe this is the truth of the matter. To seek a pure belief system based on universal reality rather than the mysterious teachings imparted to us by parents, teachers, peers, media etc., would require each person to search, then search again, research, then research again for him/herself. A somewhat revolutionary idea in a data/information long, thinking short society. We have more information available to us than probably any generation before us, yet, in reality, our thinking and communication abilities suffer due to this very fact. We communicate **at** rather than **with** ourselves and others. As I've stated before, most people define themselves by **what** they are, and rarely do they know **who** they are. When the "whats" go away, the person is often left undefined and confused about the deep personal issues that make up his/her life. Desperation indeed, desperation indeed!