

Yes, words are "things", either weapons or tools. They are emotionally blood letting or healing and up building. They are mirrors of what we think and what we believe. They can be great enemies or true friends. Don't think that our words can fool other people for long. Our words will expose us over time. Often what we complain about in others is what we don't like in ourselves. Unhappy people use unhappy language and seem more content when they can spread their unhappiness and discontent around. People who lie, cheat, steal, etc. usually believe that other people will lie, cheat, and steal as well. Our reality is not always based on truth because we fail to get in touch with our "better" selves, (thus our "better" perspective). When we rediscover our loving nature then it is interesting how quickly our words change from negative to positive. In addition it is also delightful to notice how other people have "improved" in our estimation as we ourselves improve.

"Who is a wise man and endued with knowledge among you? Let him shew out of a good conversation his works with meekness of wisdom" -James (James 3:13) Wisdom requires higher thinking from our better selves. We can embrace that part of us that reaches for the divine, that part of us that demands improvement. How do we know that it is speaking to us? By our discontent, by our unhappiness! If we follow our negative feelings to their source we will find our better selves crying out to be heard, not by others, but by ourselves. Then we can truly learn to serve ourselves and others through words of wisdom, not words as weapons.